

Information To Be useful Must be Shared

Noted below are a number of people who have had a positive impact on my path to self-protection, Internet forums that I find informative and professional, and Internet sites that may be of interest to those who seek more information in the area of Combatives/Self Protection. This list is not exhaustive and I'm sure that there are others that should be added.

Strength and Honor

Darren Laur

Individuals who have influenced my path: (No Particular Order)

Al Carty

My Teacher and mentor who started me on the path of Self Protection

Gil Puder

A fellow LEO and Combatives Instructor who taught me to follow my own path and who passed away a few years ago with his fight against cancer

Doug FarenHoltz

A fellow LEO trainer and researcher of Police Officer Physical Abilities Testing (POPAT)

Bruce Siddle

Founder of PPCT and researcher of Survival Stress Reaction

<http://www.ppct.com/>

Kelly MCCann (aka Jim Grover)

<http://www.cruciblesecurity.com/>

Richard Dimitri:

<http://www.senshido.com>

Peyton Quinn:

<http://rmcat.com/>

Bradley Steiner:

<http://www.americancombato.com/>

Tony Blauer:

<http://www.tonyblauer.com/>

Marc McYoug:

<http://www.nononsenseselfdefense.com/index.html>

Jerry Van Cook

<http://www.realfighting.com/0102/rwsd.htm>

Dr Ledoux:

<http://www.cns.nyu.edu/home/ledoux/Ledouxlab.html>

Doris Grey:

Founder of the Meridian Institute where I received my training as a Certified Clinical Hypnotherapist and started my Journey in Neuro Linguistic Psychology

Don Rearic

<http://www.donrearic.com/main.html>

Sensei Van Canna:

<http://forums.uechi-ryu.com/viewforum.php?f=2>

Phil Messina

<http://www.mwarrior.com/>

Scott Sonnon:

<http://www.circularstrengthmag.com/>

My Students

Forums that I Frequent:

Self Defense Forums

<http://www.selfdefenseforums.com/forums/index.php>

Senshido Forum:

<http://senshido.savi.ca/viewforum.p...dcf7b7023a03204>

VanCanna Self Defense Forum:

<http://forums.uechi-ryu.com/viewforum.php?f=2>

Light Fighter Tactical Forum

<http://lightfighter.net/6/ubb.x?a=cfrm&s=7336015661>

Geoff Thompson Forum:

<http://www.geoffthompson.com/cgi-bin/ultimatebb.cgi>

E-Budo Close Quarter Combatives

<http://www.e-budo.com/vbulletin/for....php?forumid=31>

Battlefield Forum:

<http://pub182.ezboard.com/battlefieldforum>

Websites of Interest:

Tman's Combatives:

<http://members.shaw.ca/tmanifold/index.htm>

The Martialist:

<http://www.themartialist.com/>

Shivworks:

<http://www.novembre.ws/shivworks/>

Defendo Canada

<http://www.defendo.ca/>

Realfighting.com

<http://www.realfighting.com/1102/index2frame.html>

F.A.S.T Defence:

<http://www.fastdefense.ca/bio.html>

Anatomy Of The Human Body

<http://www.bartleby.com/107/>

Gutterfighting.com

<http://www.gutterfighting.org/Main.html>

New Jersey Combat Association

<http://www.allinfighting.com/XXX.html>

The Center For Self Preservation Training

<http://www.demibarbitto.com/index.html>

Defend University:

http://www.defendu.com/defend_university.htm

Center For Aggression Management

<http://www.aggressionmanagement.com/>

Center For Non-Verbal Studies:

<http://members.aol.com/nonverbal2/c...erbal%20Studies>

Kelly Worden's Web Page

<http://www.kellyworden.com/>

Journal Of Non-Lethal Combatives:

<http://ejmas.com/jnc/jncsplash.htm>

Peter Consterdine Web Page:

<http://www.peterconsterdine.com/index.html>

Contemporary Fighting Arts:

<http://www.sammyfranco.com/>

War Arts International

<http://www.wararts.com/index.html>

Alain Burrese Web Page

<http://www.burrese.com/>